

## BB30 Road Crankset Installation Instructions

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### Introduction

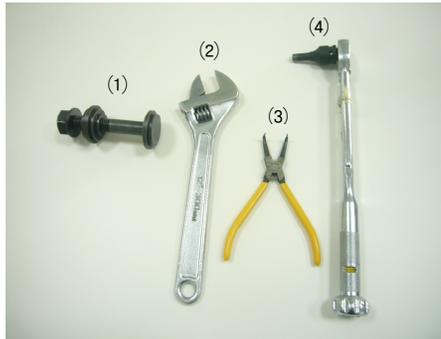
Congratulations on your Full Speed Ahead product. Please read these instructions and follow them for correct use. Failure to follow the warnings and instructions could result in damage to product not covered under warranty, damage to bicycle; or cause an accident resulting in injury or death. Since specific tools and experience are necessary for proper installation, it is recommended that the product be installed by a qualified bicycle technician. FSA & Vision assumes no responsibility for damages or injury related to improperly installed components.

### Warranty

Full Speed Ahead (FSA) warrants all FSA, Gravity, Vision, Metropolis and RPM products to be free from defects in materials or workmanship for a period of two years after original purchase unless otherwise stated in the full warranty policy. The warranty is non-transferable and valid to the original purchaser of the product only. Any attempt to modify the product in any way such as drilling, grinding, and painting will void the warranty. For more information on warranty policy and instructions for completing a warranty claim, check out the Full Warranty Policy found at our website: <http://www.fullspeedahead.com/techdoc>

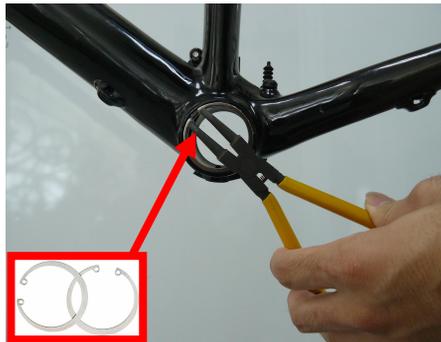
### Specification

Item Number / Model Name **All BB30 Road Cranksets**



#### Tools Necessary for BB30 Crankset Assembly:

- (1)- EE037 BB30 Bearing Installation Press
- (2)- Adjustable Wrench
- (3)- Circlip Pliers
- (4)- Torque Wrench with 10mm Allen Key

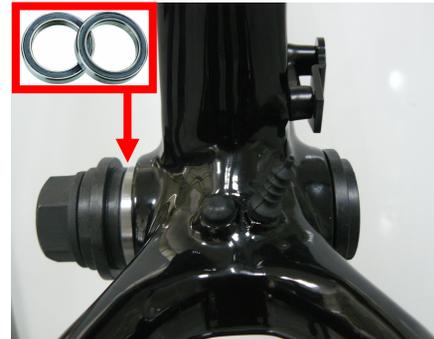


#### Crankset Installation

Before installing bearings, use the FSA reaming tool (#EE069) to ensure that Bottom Bracket (BB) shell is clean and free of metal chips, dirt and excess paint. Inspect the BB shell for ID ovalization or anything that could cause bearing mis-alignment.

1. Using circlip pliers, (3) collapse circlip (2) and insert into machined circlip groove in each side of the BB shell.

**⚠ CAUTION** Wear eye protection while installing or removing circlip to prevent injury.



2. Install bearings using BB30 Bearing Installation Press (1) and Adjustable wrench (2). Press the bearings (3) into BB shell until they are butted against the circlip. Note: Right and Left bearings are the same.



3. Apply a layer of grease on the outer edge of the bearing (3) to reduce friction between bearing and bearing shield, as well as improve protection from water and other contaminants.



4. Apply grease to the machined surfaces of the spindle that will contact the bearings after crank installation (as shown in photo).



5. Install the Bearing Shield ④ on the right Bearing, with flange (machined grooves on alloy covers) toward bearing.



6. Insert the right crank arm and spindle through the both BB30 bearings. Position non-drive side bearing shield ④ over left bearings with flange inward, toward the bearings. (as shown in photo)



7. Position the wave spring washer ⑤ on the spindle on non-drive side.



8. The self-extracting crank bolt assembly and preload nut are pre-installed from factory. Install the left crank by engaging the spindle hole of crank to spindle. Thread self-extracting crank bolt into spindle using a torque wrench with 10mm allen key ④. Tighten crank bolt to a torque of 380-410 kgf.cm / 38-41 Nm / 337-363 in.lbs. Always use a calibrated torque wrench to tighten crankbolt. Stripping or breakage due to installing without a torque wrench is NOT covered under manufacturing warranty.

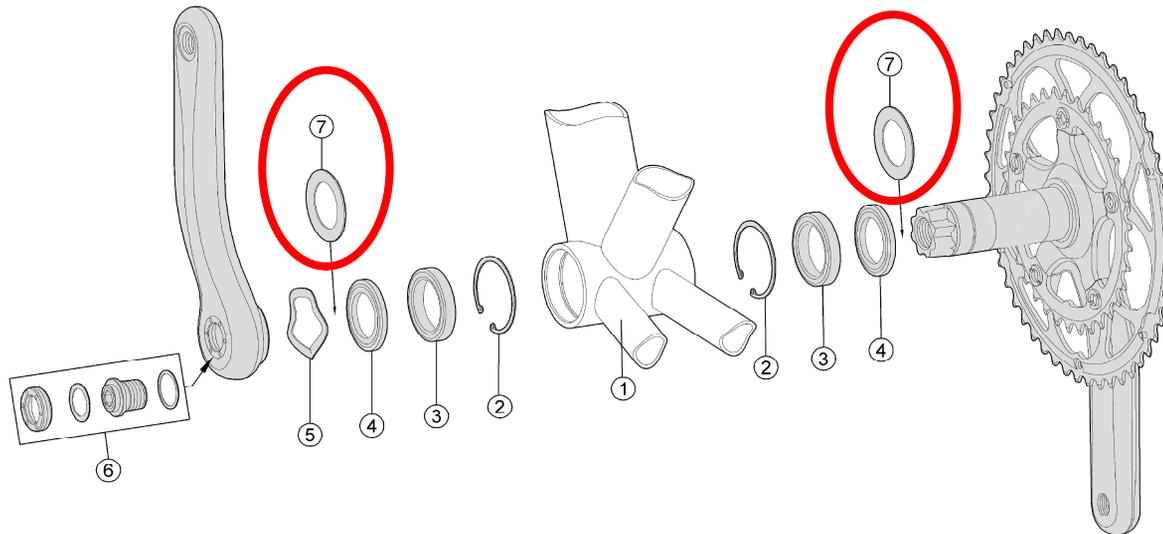


Note: The wave spring washer does not have to be completely compressed for proper use but does have to be in contact on both sides by the left arm and left bearing shield.

Clearance between non-drive arm and bearing shield 1.5~2.2mm



Assembly Note: If the crankbolt is tightened to maximum allowable torque 410 kgf.cm / 41 Nm / 363 in.lbs and there is lateral movement or play in the BB30 system, DO NOT tighten the bolt further to remove the excess play. Remove the crankarm and install MS188 preload shims ⑦ between bearing cover and wave spring washer to remove the excess play, and reinstall the non-drive crank arm using the recommended torque 350-400 kgf.cm / 35-40 Nm / 310-355 in.lbs. The MS188 shims are not required when the BB30 specifications of the frame are correct. The MS188 shims will be necessary when the bottom bracket shell is not made to exact specifications.



### BB30 Road Crankset Components

Follow the assembly order in the illustration: For parts ⑦ is used only for Chainline adjustment and reduce the side play.

#### Components

- ① Bottom Bracket Shell
- ② Circlip x2
- ③ BB30 Bearings x2
- ④ Bearing Shield x2
- ⑤ Wave Spring Washer x1
- ⑥ Self-extracting Crank Bolt Assembly
  - Washer x1
  - M25 BB30 Crank Bolt x1
  - Washer x1
  - M18 Retaining Nut x1
- ⑦ MS188 BB30 Shim x3



#### Contact

If you have questions, please visit our web site technical section: <http://www.fullspeedahead.com/contact> or contact:

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